

REGULAR ACTIVITES

<u>No</u>	<u>Day</u>	<u>Activity</u>	<u>Times</u>	<u>Transport Provided</u>
1	Monday	Keep Fit	12.00-1.00 PM	Yes
2	Tuesday	Swimming	10.00-12.00	Yes
3	Tuesday	Lunch Club	12.00-1.00 PM	Yes
4	Wednesday	English: Esol	10.00-11.00 AM	No
5	Wednesday	Yoga	11.00-12.00	No
6	Thursday	Yoga -Dilipbhai	12.00-1.00	Yes
7	Friday	Sakhi Milap- Emmanuel Church Hall	10.30-1.00	No