

Well Being Cafe



Hi I am Rahana Chowdhury I'm here to support Asian Women

Come and Relax at Well Being Café with a cup of coffee and biscuits, have a chat, socialise with everyone. Discuss issues, views on well being, are you feeling Depressed, Emotional, Lack of Sleep, lost interest on everyday life.

Come along I'm here to support you.

Coming to Corby!!!!

Venue: Old Village Community Centre

High Street, Old Village, Corby

Time: 11am – 1pm

Dates: 16th June, 14th July, 11th August, 8th September, 6th October

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Refreshment

Tea/ Coffee
With a Cake or
Biscuit – 50p

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